



# La Mesa Homebound Seniors Holiday Project



Join The La Mesa Chamber This Year and  
Make the Holiday Brighter for Homebound La Mesa Seniors  
*We believe that being a good community leader includes assisting those in need.*

Each year we assist La Mesa homebound seniors. This year we are gathering items to assist 24 seniors. All of the gifts are wrapped and placed in decorative baskets, so that our seniors receive these gifts with a festive flair.

## **Items may be delivered to:**

La Mesa Chamber Office  
8080 La Mesa Blvd., Suite 212  
La Mesa, CA 91942  
Monday, Wednesday or Friday  
10:00 a.m. and 6:00 p.m.  
(619) 465 - 7700

**To coordinate item pick-up:**  
Contact Mary England: 619-251-7730

## **DEADLINE TO DONATE:**

**30** FRIDAY  
NOVEMBER

[WWW.LAMESACHAMBER.COM](http://WWW.LAMESACHAMBER.COM)

## **SUGGESTED ITEMS**

### **TO PURCHASE OR DONATE\*:**

Canned soups, canned vegetables, canned fruits, packets of crackers, packets of pasta or macaroni & cheese, bars of soap, tubes of tooth paste, packs of tissues, bottles of hand soaps, bottles of hand sanitizer, pens and pads of paper.  
Gift cards in any denomination from the following locations: Walmart, Target, or any grocery store.

If you have another item you believe will put a smile on their faces, by all means, drop them off! We want to make this a memorable holiday for our home bound seniors again this year.

\*Please double check pantry item expiration dates and ensure they have not expired.